

Engage

NHS St Helens CCG Community Newsletter

Edition 14 - March/ April 2019



ENGAGE is the best way to find out about the latest opportunities to have your say in the design of your local health and social care. In this bulletin you can see the ways you can get involved from surveys to events, as well as find out what happened with previous work you have been part of.



Paul Steele
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In March we held our Community Talkfest Marketplace Event. The event was developed following on from feedback from the local community regarding what services are available and how to access them. The event took place at the parish church in St Helens Town Centre, we had over 24 organisations in attendance showcasing who they are and what they do. During the event we had great attendance the community. Health Professionals as well as local councillors and MPs.

Our next Talkfest engagement events will take place w/c 13th May 2019, the sessions will provide a recap on St Helens Cares, Shared Care Record, Contact Cares and other key areas of work. During the events to support Mental Health Awareness Week the sessions will have a specific focus on mental health and how we can support local communities to support others who are experiencing poor mental health.

As well as the dedicated events above we will also have a stand both days (Friday 17th and Saturday 18th May) at the Healthy in St Helens event, located within Church Square in the

town centre.

Also in March we run a local campaign on Atrial Fibrillation (AF) this campaign was a follow on from the St Helens wide campaign we ran last year. This time around we aimed the campaign and worked with a number of third sector and voluntary groups and attended established sessions to carry out the test.

To get involved with our work or find out what other engagement opportunities we have please visit our website. If you would like more information on any of the opportunities or would like to get involved please do not hesitate to contact me at paul.steele@sthelensccg.nhs.uk or on 01744 624596.

Get involved and have your say

Criteria Based Clinical Treatment - Phase Three

We are continuing our review of more treatment policies to ensure that our resources are used on the treatments that work best and provide the best long-term health outcomes for local people.

From June 2017, we, together with the NHS Clinical Commissioning Groups in Halton, Knowsley, Liverpool, Southport and Formby, South Sefton and St Helens have been reviewing several treatment policies to:

- ensure that the latest medical guidance and techniques are being used so the best treatment is being provided to each patient
- ensure that NHS resources are being used in the best possible way for all patients and;
- provide equal access to healthcare and treatments, where possible, across the Mid Mersey area

Phase one and phase two of the review were completed in 2017 and changes implemented following on from engagement with local people.

Now, more policies are being looked at in line with national guidelines under phase three of the project.

These policies are:

- Botulinum Toxin A&B
- Continuous Glucose Monitoring
- Cough Assist Devices
- Insulin Pumps
- Secondary care administered peripheral steroid joint injections
- Surgery for Prostatism
- Transanal Irrigation

For more information please visit our [website](#).

If you require hard copies of the survey or policies please contact engagement@sthelensccg.nhs.uk and we can send this out.

Deep vein thrombosis (DVT)

Have you or someone you care for had a DVT or a suspected DVT in the last two years.

If yes? Would like to get involved and attend our focus group to contribute towards service improvements

- This session will take place on Thursday 2nd May 1.30 – 3.30pm

Please register for the focus group by emailing us via engagement@sthelensccg.nhs.uk or call 01744 627596.

Alternatively you can attend one of our drop in sessions at the Stop Smoking Hub, Hardshaw Centre on:

- Wednesday 1st May between 1.30pm and 3.00pm
- Friday 3rd May between 1.30pm and 3.00pm

Talkfest

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We are still finalising the agenda for the week but updates will be provided from November's Talkfest, St Helens Cares, Shared Care Record and other key areas of work relevant to the local community.

Sessions will last approximately 2 hours and will be held as follows:

Monday 13th May – Woodside Medical Centre 1pm arrival for 1.30pm start

Wednesday 15th May – Thatto Health Library 1pm arrival for 1.30pm start

Thursday 16th May – Garswood Medical Centre 9.30 arrival for 10.00am start

As well as the dedicated events above we will also have a stand both days (Friday 17th and Saturday 18th May) at the Healthy in St Helens event, located within Church Square in the town centre.

During the week the team will also be attending a number of existing sessions across St Helens such as coffee mornings, library reading groups and Get Together sessions as well as working with local businesses and schools.

If you would like to register for an event please contact engagement@sthelensccg.nhs.uk or 01744 627596 to book your place stating your name, organisation (if applicable) and the session you would like to attend.

We look forward to seeing you then.

Watch council meetings from the comfort of your own home

The option for members of the public to view a wide range of council meetings that take place in St Helens Town Hall is now available through webcasting.

St Helens Council, like many other local authorities across the country, has introduced this system as it allows councils to be more open, transparent, accessible and accountable.

Cameras have been installed in the Council Chamber and Room 10 – the town hall's main venues for meetings like Council, Cabinet, Licensing and Environmental Protection Committee, and the various Scrutiny panels.

The only items of business that members of the public will not be able to view are those restricted under the Local Government Act 1972, because they relate to commercial matters or personal information.

Residents interested in council matters are encouraged to engage in this exercise to experience the process of local democracy being carried out.

To find meeting agendas available to view via webcasting, search moderngov.sthelens.gov.uk.

Shared Care Record

Many people think that their GP health record is available to all health and social care workers involved in their care, but this is not always the case.

At the moment, each person you see keeps a separate record. This can mean some important information is not communicated between health and social care services as well as it should.

To help, we are launching the St Helens Shared Care Record - all local GPs, hospitals, community, mental health and social care services are working together to make it possible for health and social care workers to look at relevant information about you to make the best clinical decisions. More information can be found on our [website](#).

NHS Long Term Plan

Healthwatch have been tasked with gathering people's experiences and views on what the NHS can do to help them and their communities stay well and to make the support available better.

To do this in a consistent way and ensure good quality data collection, they have developed two surveys to help gather people's views.

More information can be found on [Healthwatch website](#).

Tell us your story



Share Your Story!

Your experience of the NHS in St Helens is important to us, it will help us shape the way we deliver services and also help to ensure that we are providing the best quality of service to you.

If you have had a recent experience which you would like to tell us about, please fill out the form via the link below to tell us your story. We use this information to provide feedback to our commissioners and service providers so we can continually improve our services.

- [Complete patient experience form here](#)
- Contact us directly on 01744 627 596



Our mailing address is:

engagement@sthelensccg.nhs.uk

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