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**Our Ref: FOI 7866**

**Date:** 16<sup>th</sup> April 2019

Dear Sir/ Madam

**Re: Freedom of Information Request**

Further to your recent Freedom of Information request regarding IAPT, please see below our response to your request.

Request/ Response:

Please could you answer the following questions about your CCG's approach? Many thanks in advance.

Group 1

1. Has your Clinical Commissioning Group (CCG) commissioned an Improving Access to Psychological Therapies (IAPT) long term conditions service?  
[LTC is a function within the IAPT service and is nationally a key area for IAPT to focus on – Specifically Pain Management and COPD are the priority areas currently and work in underway to widen this scope.](#)
2. If yes, is this service open to people with Parkinson's experiencing anxiety and/or depression?  
[The service does not exclude people with Parkinson's - delivering interventions to anyone presenting with Anxiety and Depression is part of the commissioning arrangements.](#)

Group 2

3. Does your CCG commission or provide a Parkinson's or neurological conditions multi-disciplinary team? (please specify which)  
[No](#)
4. If yes, A) does this team include a psychologist or psychiatrist? or  
B) does the Parkinson's multi-disciplinary team have dedicated sessional time from psychology and or psychiatry? Or  
C) are these provided as standalone services?  
[The CCG has a risk share arrangement with Walton Neurological Centre to provide the relevant care for people with Neurological conditions associated with an injury. The request is if this includes Parkinson's patients this needs to be made to Walton Neuro directly.](#)

### Group 3

5. Does your CCG commission an integrated mental and physical health service for people with neurological conditions?

The CCG commission Mental Health services which are required to ensure that the patients in their care receive annual health checks. We are not aware that the service would exclude patients with Parkinson's but a request could be made to Northwest Boroughs Healthcare, NHS Foundation Trust directly, who are our Mental Health provider for greater clarification on this. The CCG does not commission a dedicated team for people with neurological conditions.

6. Does your CCG commission an integrated mental and physical health service for people with long term health conditions?

No – The CCG has commissioned Mental Health services, Diabetes service, musculoskeletal, COPD and other LTC services separately. The services are part of the acute trusts service delivery and by the mental health provider.

Should you require any further information or clarification regarding this response or do not feel that your request has been answered as you would expect, please contact us to discuss.

We also wish to take this opportunity to inform you that a formal complaints and internal review process is available, which will be managed by a FOI Appeals Officer.

This can be formally requested and must be done within a reasonable period of time (3 calendar months) from the date this response was issued.

Where you are not satisfied with the response to a request for information that falls within the Environmental Information Regulations, you should make a representation for a review to FOI Appeals Officer, [sthelensccg.foi@nhs.net](mailto:sthelensccg.foi@nhs.net) within 40 days of receipt of the response.

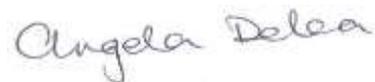
If you are not satisfied with our review under the Freedom of Information Act or the Environmental Information Regulations, you may apply directly to the Information Commissioners Office (ICO) for a review of your appeal decision. Generally, the ICO cannot make a decision unless you have exhausted our complaints procedure.

The ICO can be contacted at;

ICO, Wycliffe House, Water Lane, Wilmslow, Cheshire, SK9 5AF  
[www.ico.gov.uk](http://www.ico.gov.uk)

Should you need any further clarification or assistance, please do not hesitate to contact me quoting the above reference.

Yours sincerely,



**Angela Delea**  
**Associate Director – Corporate Governance**  
**NHS St Helens Clinical Commissioning Group**